

# Equip Them to *Thrive*, Not Just Survive

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What I  
**Wish**  
**I Knew**  
at **18**

# Houston, we have a problem

- The US college completion rate in **six** years at **four**-year schools is a mere 59%
- Only 78% of first-year college students return to their university for their sophomore year
- 36% of college grads regret their major
- Demand for mental health services on campuses is soaring, especially for anxiety and depression
- JAG students are even more vulnerable due to lack of modeling, vision, hope, and networking
- We need to help them thrive, not just survive

**Every student has a unique  
design and destiny ...**

# Will they achieve it?



# Or miss it?



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# The Pathway to Destiny



# Desired Student Outcomes



- Improved leadership and decision-making skills
- Deeper self awareness
- A greater sense of value, hope, and belief
- A more positive vision and roadmap for their lives
- Positioning for career and life success

# Curricular Vision





# Curricular Vision

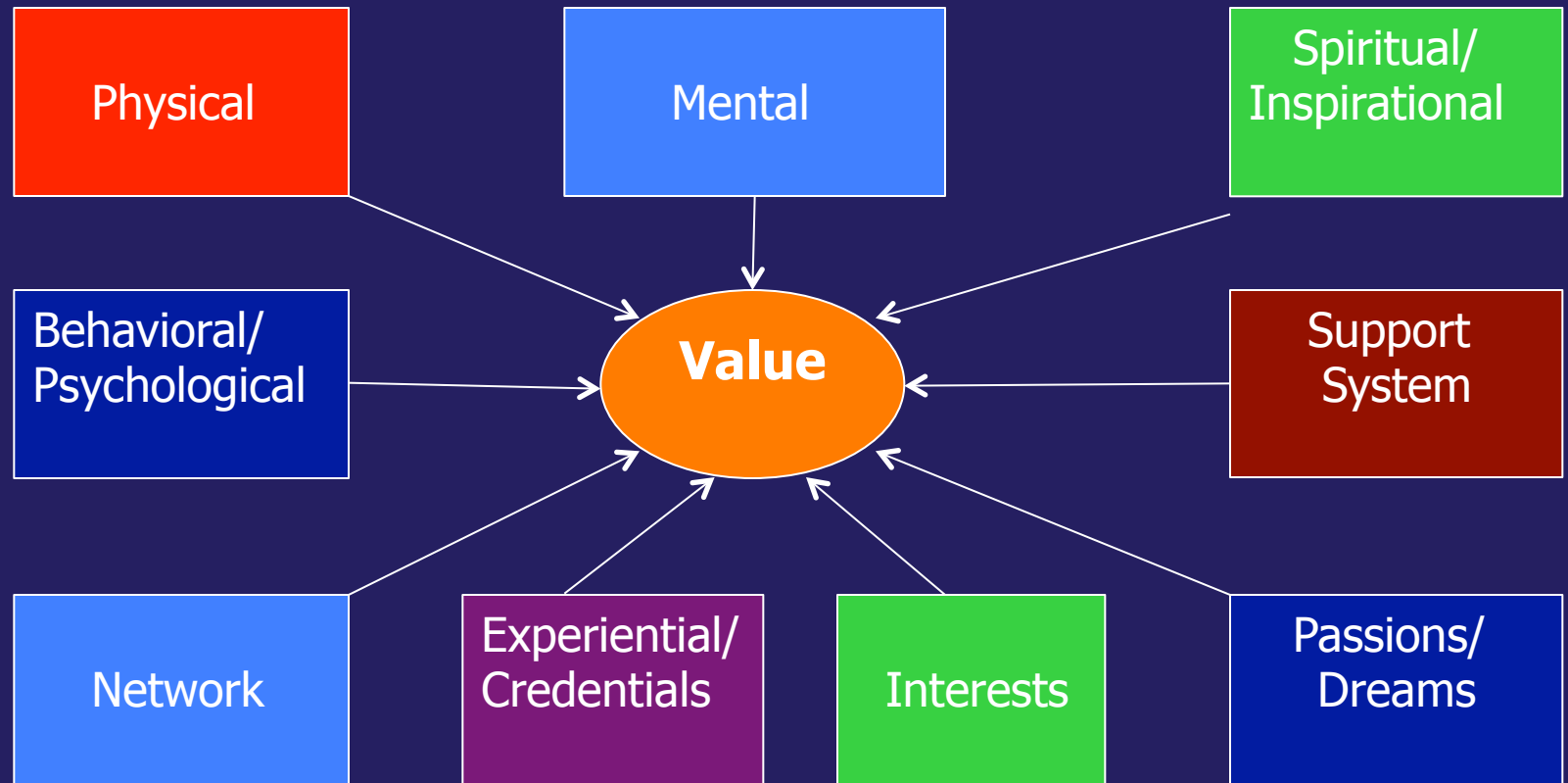


# Facilitating Self-Awareness



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# Unlocking Assets, Revealing Value



# Constraints

- “Contra assets”
- Fear of failure
- Lack of self confidence and sense of worth
- Guilt, shame, and discouragement
- Adverse childhood experiences
- Unhealthy modeling
- *Remember, today’s constraint may become tomorrow’s inspirational asset!*

# Mining Our Treasure



[http://www.dennistrittin.com/resources/PersonalBalanceSheet\\_05-15.pdf](http://www.dennistrittin.com/resources/PersonalBalanceSheet_05-15.pdf)

# Personal Balance Sheet

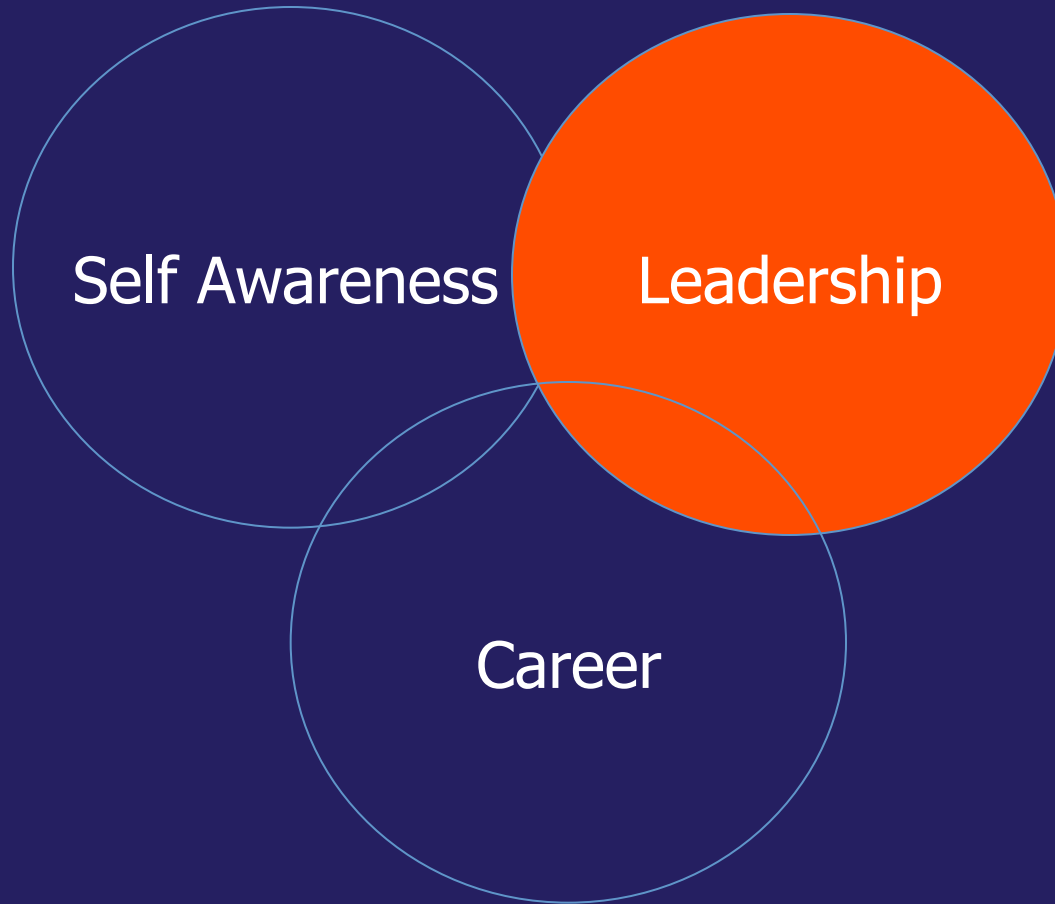
- Facilitates **holistic** and **objective** self discovery by identifying assets and constraints
- Inspires hope and vision for the future
- Provides a game plan for personal growth
- Includes perspectives from self and others
- Inspirational, revelational, relevant, and fun!

# Sample Lesson

*Mine Your Treasure*

p. 125/55

# Curricular Vision





*"Leadership is action, not position."*

~Donald H. McGannon

# Establishing a Personal Leadership Foundation





# Strategic Perspective and Focus

- *Discover Your Purpose and Inspiration*
- *Don't Define Success by Riches*
- *Plan, Practice, and Persevere to succeed*
- *Diversify Your Life*



# Character and Ethics

- *Preserve Your Reputation and Integrity*
- *Give Everything Your Best*
- *Embrace Constructive Feedback*
- *Be an Encourager and Always Look for the Best in People*



# Relationships and Communication

- *First Impressions Are Huge*
- *Be Inquisitive When Meeting Others*
- *Connect with People Who Share Your Interests and Values*
- *Steer Clear of Destructive People*
- ***How** You Say it Can Matter More than **What** You Say*



# Personal Productivity and Discipline

- *Set and Periodically Assess Your Goals*
- *Become a Masterful Decision Maker*
- *Time Is Precious—Use it Wisely*
- *Don't Let Technology Control Your Life*



# Overcoming Adversity

- *Recognize adversity is a Fact of Life*
- *Understand adversity can be preparation for greater things & often makes sense later*
- *Take charge of worries & release your pain*
- *Take seemingly insurmountable challenges one step at a time*

# Leadership Themes

*Self Awareness*

*Vision*

*Intentionality*

*Personal Brand*

*Positivity*

*Productivity*

*Resilience*

*Communication*

*Relationship Building*

*Other Centeredness*

*Balance*



# Sample Lessons

- *Discover Your Purpose and Inspiration:* p. 9
- *Connect with Others Who Share Your Interests and Values:* p. 40
- *Set and Periodically Assess Your Goals:* p. 53
- *Adversity Can Be Preparation for Greater Things:* p. 128

# Curricular Vision





# Career Readiness Components

- Exploring
- Qualifying
- Marketing
- Excelling

# MVP Strategy One:

Model the qualities employers value



# Here's what they want...



# What Employers Say They're *Getting*

- Entitlement mentality
- Unreliability
- Poor social skills and manners
- Disrespect
- Fear of failure; difficulty handling feedback
- Distractibility

NOW HIRING  
MUST HAVE  
A CLUE



# MVP Strategy Two:

Deliver **EXCELLENT** performance





## Performance Appraisal—Abbreviated Sample

<b>GOALS</b>	<b>Weighting</b>	<b>Rating</b>
Goal 1: Description/Review	XX%	1-5
Goal 2: Description/Review	XX	1-5
<b>JOB PERFORMANCE</b>		
Quality of Service	XX	1-5
Productivity	XX	1-5
Teamwork	XX	1-5
Client/Business Relations	XX	1-5
Communication	XX	1-5
Attitude	XX	1-5
<b>OVERALL RATING</b>	<b>100%</b>	<b>X.X</b>

# MVP Strategy Three:

**Contribute to your  
employer's success**



# Sample Lesson

*Learn to persuasively market yourself*

P. 90

**College & Career Readiness**

**Affirmation**

**Life Skills**

**Leadership**

**Hope and Belief**

**Encouragement**

**Wisdom**



**Relationship**

**Modeling**

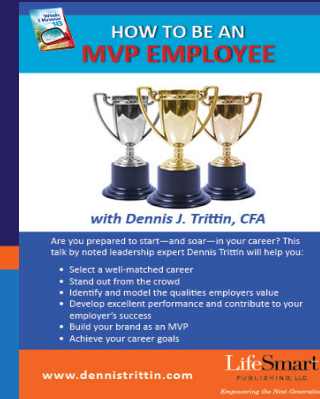
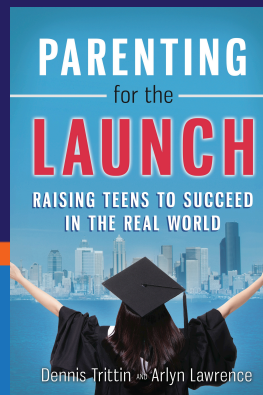
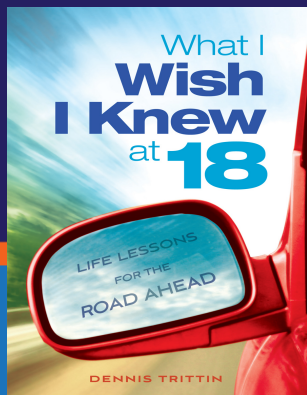
**Commitment**

**Fun**

# LifeSmart Publishing, LLC

## *Versatile Resources for Educators, Counselors, Mentors, and Families*

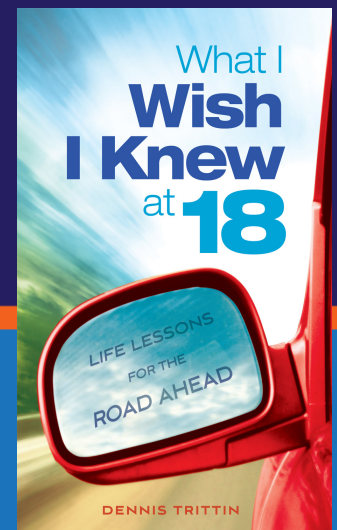
- *What I Wish I Knew at 18*: 109 success pointers for teens
- *Student Guide*: comprehensive Ldrship & Life Skills program
- *Parenting for the Launch*: Game plan and strategies to build strong relationships and position teens for life success



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# A Closer Look at WIWIK@18

- Comprehensive vision for successful living
- Personal leadership and soft skills
- Wisdom for key decisions based on the practices of admired, successful leaders
- Relational learning supported by clinical research on what teens need to thrive
- Conversationally and universally written for young and old alike



# About our Resources

- Generally for upper high school grades but easily adapted to lower grades
- Used as a core or as supplements
- **Custom training manual for JAG application**
- High level of flexibility for facilitators
- Invaluable, relevant, and interactive content
- Targets key concepts that promote life readiness

# Distinctions

- Personal leadership foundation for life
- Broad scope (“one stop shop”) and applications
- Fulfills 23 Search Institute’s 40 Developmental Assets<sup>®</sup>, 14 of Key Workplace Readiness Skills (VA), and over 50 FCS National Standards/Competencies
- Acclaimed by educators, business leaders, mentors, and parents



**May they soar like eagles  
and fulfill their dreams!**



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# Contact Information

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  - (phone or email for bulk pricing)
- Weekly e newsletter ([www.dennistrittin.com](http://www.dennistrittin.com))
- [www.Facebook.com/dennistrittinfan](http://www.Facebook.com/dennistrittinfan)
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**THANK YOU**

for building the next generation of  
honorable leaders.

**We salute you!**

LifeSmart

PUBLISHING, LLC

*Empowering the Next Generation*<sup>™</sup>

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