

Parenting **Today** with **Tomorrow** in Mind

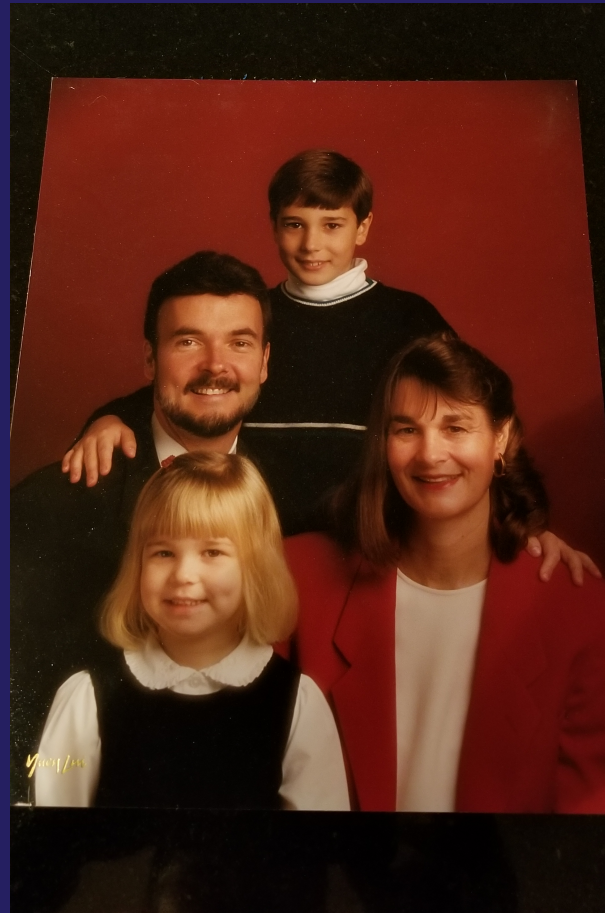
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President and CEO
LifeSmart Publishing, LLC



PARENTING
— for the —
LAUNCH

What I
Wish
I Knew
at **18**

Back in the day...



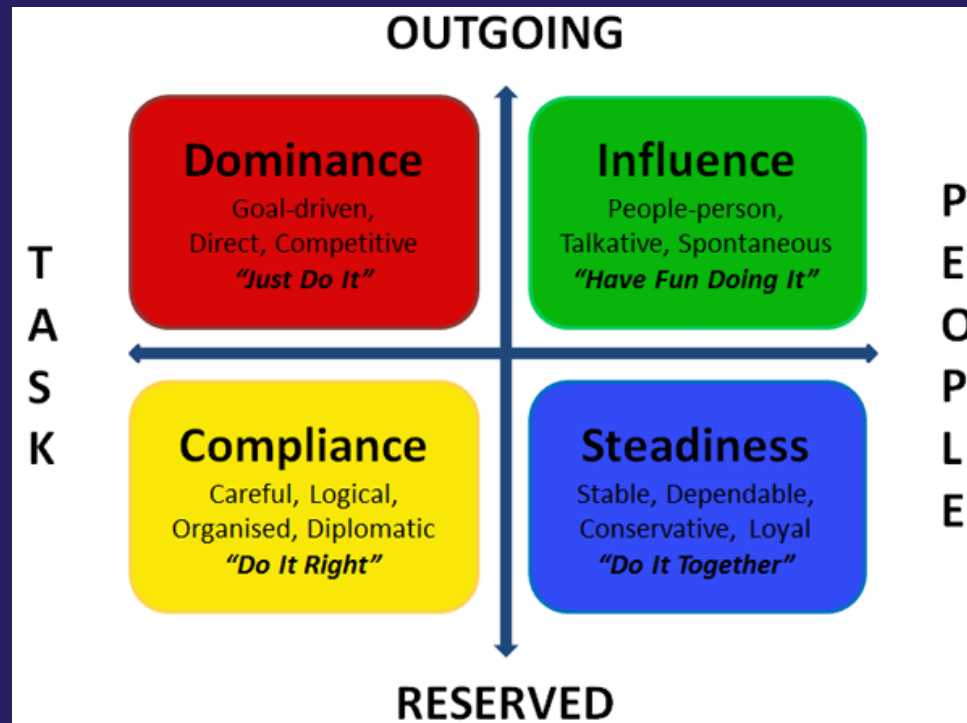
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*Before I got married I had six theories
about bringing up children; now I have
six children and no theories.*

~John Wilmot

Personality Influences Parenting



www.123test.com

Equipping Them to Tackle the World



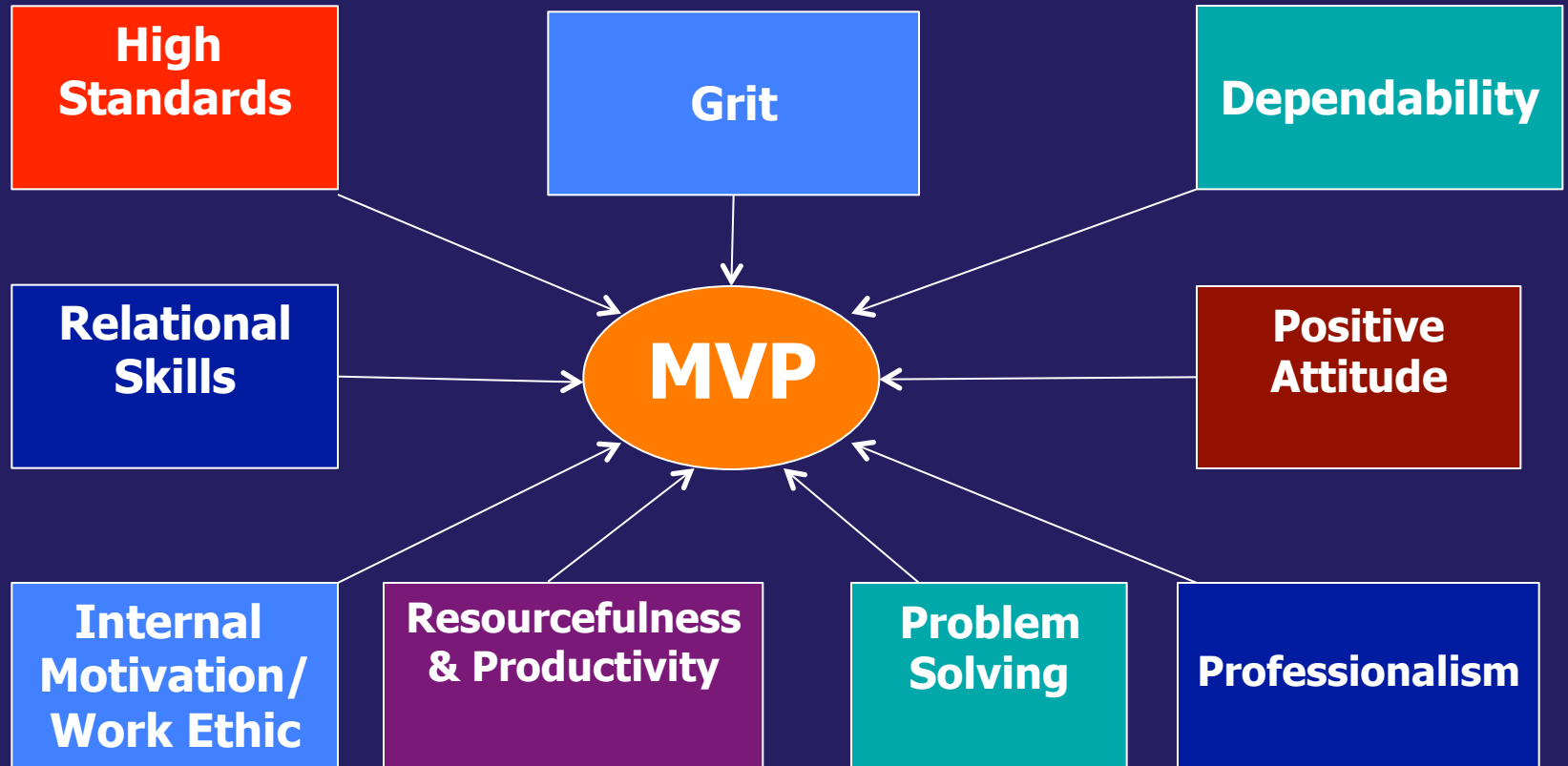
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Who Does Your Child See in the Mirror?



Leadership Skills for Life



CORE VALUES

Integrity

Kindness

Respectfulness

Helpfulness

Unselfishness

Responsibility



Humility

Gratefulness

Determination

Patience

Life Skills

- Household chores
- Cleaning
- Cooking and mealtime help
- Money
- Laundry
- Landscaping/yard work
- General chores, pet care
- Manners

Creating a Positive Home Environment

- Manageable pace and balance
- Positivity, mutual respect, and core values
- Prioritize family meals/bedtime bonding
- Teamwork, engagement, and open communication
- Play and fun
- Books, nature, and creative arts

Cultivating a Strong Work Ethic

- Teach the value of work
- Employ a “work before play” approach
- Remember the Privileges Formula
- Assign age-appropriate chores
- Family as team
- Honor their effort

Building Resilience

- Provide opportunities for varied outcomes
- Resist the temptation to interfere
- Think “empathy + learning opportunity”
- Share inspiring examples of grit and perseverance
- Affirm your belief in them and their value

Parenting Tips for Littles

1. Always stay a step ahead
2. Focus on their character and heart
3. See them as an emerging leader
4. Invest in your relationship and connection
5. Be mindful of your parenting style

Parenting Tips for Littles, Cont'd

6. Affirm their uniqueness and value
7. Resist parenting peer pressure
8. Set and maintain boundaries, especially with tech
9. Remember, you were a kid once

Helpful Ideas with Littles

- “Peach and Pit” at dinner
- Talk time at bedtime
- Practice challenging situations ahead of time
- Helpful conversations after the game/practice
- “Eyes and toes” when meeting others
- Help them master friend picking

Parenting Verbs to Start Your Day and Bless Your Child

Inspire

Empower

Encourage

Understand

Affirm

Value

Engage

Enjoy

Coach

Believe

Which Parenting Endgame?



VS.



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What I
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From *Helicopter Parent* to...

Low Self Confidence

Co-dependence

Poor Problem Solving

Weak Resilience

Lack of Motivation

From *Performance Parent* to...

Worthlessness

Anxiety

Isolation

Depression

Fear of Failure

Resentment

From *Permissive Parent* to...

Entitled

Self Absorbed

Disrespectful

Arrogant

Unmotivated

Pleasure Addicted

What Employers Say They're *Getting*

- Entitlement mentality
- Poor work ethic and motivation
- Unreliability
- Lack of social skills and professionalism
- Disrespect
- Fear of failure; difficulty handling feedback

Entering the Teen Years

From...



To...

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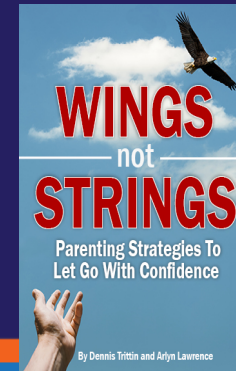
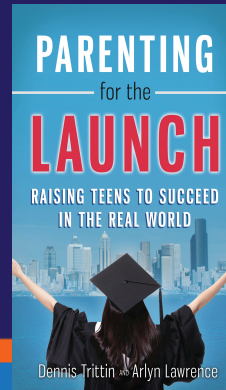
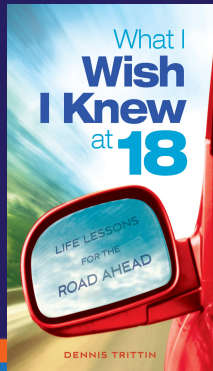
Communicating with Teens

- Meet them where they are
- More “share with;” less “talk to”
- Treat them as a future adult
- Invite them into your decisions and prayers
- Time your conversations and stay calm
- Enlist positive third party voices
- Enter their world and have fun

LifeSmart Publishing, LLC

Versatile Resources for Families

- *What I Wish I Knew at 18: 109 success pointers for teens*
- *Parenting for the Launch: Game plan and strategies to build strong relationships and position teens for life success*



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What I
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at 18

The greatest gifts you can give your children are the roots of responsibility and the wings of independence.

~**Denis Waitley**

**May they soar like eagles
and fulfill their dreams!**



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The Prize that Awaits



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Thank You!

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