

Dear MOMS n More Moms,

It is a joy sharing with you at La Casa de Cristo Lutheran Church. Thanks so much for having me and for your dedication to being the best parent you can be. I hope you leave encouraged, inspired, and equipped with parenting strategies to help your children and family flourish!

I wanted to take this opportunity to list some resources referenced in my talk, as well as other pertinent contact information:

- Today's presentation slides: <http://www.dennistrittin.com/resources/lacasa20.pdf>
- Parenting Verbs to Start your Day:
<http://www.dennistrittin.com/resources/PARENTING%20VERBS%20TO%20START%20YOUR%20DAY%20v2.pdf>
- Positive Traits and Values List:
<http://www.dennistrittin.com/resources/Positive%20Traits%20and%20Values.pdf>
- DISC personality test: www.123test.com
- Enneagram test for kids: www.surveymonkey.com/r/DBKGSCW
- Love Languages Assessment: www.5lovelanguages.com/quizzes/
- Life Skills/Chores by age: www.monicaswanson.com/life-skills
- LifeSmart websites: www.dennistrittin.com and www.parentingforthelaunch.com
- Books available at: LifeSmart websites, www.btpubservices.com, and 1-800-BOOKLOG
- Email: dtrittin@dennistrittin.com
- Phone: (920) 319-3169
- Blog ("Time for Excellence"): www.lifesmartblog.com
- Facebook: www.facebook.com/dennistrittininfan and www.facebook.com/parentingforthelaunch
- Twitter: www.twitter.com/dennistrittin and www.twitter.com/parent4launch
- Recommended books/sites:
 - *Boy Mom* by Monica Swanson
 - *Get the Behavior You Want Without Becoming the Parent You Hate* by Dr. Deborah Gilboa
 - *Parent on Purpose* by Amy Carney
 - TheParentCue.org

Feel free to contact me with any follow up questions. I'd love to hear from you. Thanks again and best wishes to you and your family!

Sincerely,

Dennis

Dennis J. Trittin, CFA
President and CEO
LifeSmart Publishing, LLC