

What I Wish I Knew at 18: Leadership and Life Skills Curriculum

Objective: To Holistically Prepare Young People for Success in Life

Subject Arenas:

- *Personal Leadership:* Life Perspective, Character, Relationships/Communication, Handling Adversity, Productivity
- *Life Decisions:* College Transition, Career, Family/Marriage, Finances

Course Overview:

- Provides students with a comprehensive vision for successful personal leadership and key life decisions based on the attitudes and practices of *honorable leaders*
- Generally for High School, but as low as 8th Grade
- Quarter or semester
- Combines personal reflection/assessments with dynamic group collaboration/role playing
- All lessons contained in Student Guide!
- Improves student achievement and school culture
- Dynamic, engaging, relevant, and fun!

Resources:

- *What I Wish I Knew at 18* book (text book)
- *What I Wish I Knew at 18* Student Guide (combo leader/student guide)
- Free downloadable Leader's Guide
- E versions available

Applications: FCS/CTE/Leadership/Life Skills/Student Advisory Courses; faculty/counselor resource; parent program resource; book for all students entering Junior/Senior years for adult life preparation

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